



# CourtSide

## Pickleball Camp



Doug Koch, Instructor

**March 26-30 Mon 11-2, Tue-Fri 9-Noon**

**Skill Building**

**Strategy**

**Teamwork**

**Games**

**Mini-Tournaments**



**\$150**

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# **Tentative Schedule Courtside Pickleball Camp March 26-30**

## **Monday March 26 11am-2pm:**

**Lesson 1: Dinks – Improve lateral movement and Dink stroke to increase consistency & lower recovery time**

**Game: Singles Kitchenball Mini-Tournament - Compete to be the “Dink Queen” or “Dink King”**

**Lesson 2: Volleys - Improve accuracy, lower recovery time, & control the pace of the ball (Banger Defense)**

**Game: Volley “Around The World” – Can you go “Around The World” in 9 shots?**

## **Tuesday March 27 9am-Noon:**

**Lesson 3: Drives & Drops – Improve your consistency for the all important 3<sup>rd</sup> shot**

**Game: Drops In A Row Contest**

**Lesson 4: Transition Shots - controlled volleys & half-volleys to transition from “No-Man’s Land” to net**

**Game: Transition Doubles Mini-Tournament**

## **Wednesday March 28 9am-Noon:**

**Lesson 5: Serves – Start the rally right, increase speed, depth, & accuracy**

**Lesson 6: Returns – Where to place return depending on opponent positions**

**Lesson 7: Groundstrokes – Improve depth & accuracy of Forehand & Backhand Down The Line & Crosscourt**

**Game: Diagonal Stay-back Singles Mini-Tournament**

## **Thursday March 29 9am-Noon:**

**Lesson 8: Lobs - How to get it over their heads and land near baseline, disguising lobs, & when to use**

**Lesson 9: Overheads – How to get back fast, hit hard, & place for winners**

**Game: Lob/Overhead Diagonal Singles Mini-Tournament**

**Lesson 10: Attacking From The Kitchenline**

**Game: Aggressive Kitchenball**

## **Friday March 30 9am-Noon:**

**Lesson 11: Doubles Communication & Teamwork – Moving together, Switching, Calling Balls**

**Game: Dingles Mini-Tournament**

**Game: Doubles Mini-Tournament**